

**March 21, 2020**

## **MCHD provides update on COVID-19 testing of employees going back to work**

MOBILE, Alabama — At this time, the Mobile County Health Department (MCHD) does not provide or recommend COVID-19 testing for employees returning to work after illness. Patients who have been ill and isolating at home should follow these Centers for Disease Control & Prevention (CDC) recommendations:

You can leave home after these three things have happened:

- You have had no fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers)  
AND
- other symptoms have improved (for example, when your cough or shortness of breath have improved)  
AND
- at least 7 days have passed since your symptoms first appeared.

Read more about how to protect yourself by visiting the following CDC website <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

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